

ST. ANTHONY SCHOOL
55 OAK STREET
WINSTED CT 06098
860-379-7521

St Anthony School Health Room

Greetings to the SAS community:

St. Anthony School's will be welcoming new AND welcoming-back students with severe nut and sesame allergies.

Accidental exposure through skin contact or eating a tree nut product or sesame (nuts/butter/oil/dust)

anaphylactic shock resulting in severe illness and possibly death for these children.

Their parents wish for them to live a normal life. They have gone to great length to educate these young

people about the severity of their allergies. However, they are children. They may forget to say 'no' or ask

if a food is safe. As you can imagine, this is the parents' worst worry.

We are asking the St Anthony School community to assist us by reviewing the following safety guidelines:

Please do NOT send baked food for birthday celebrations.*

The cafeteria has a nut-free lunch area. These children will sit here along with children who buy hot lunch.

Children who bring lunch from home will be asked to wash their hands after eating.

These children will be bringing in their own water bottles and will not use the water fountain.

If children have eaten ANY nuts or sesame products for breakfast, it is requested that they wash their hands

prior to coming to school.

I realize that this is quite a change from last year. The number and severity of the allergies is such that,

for safety sake, we need to limit the bringing-in of baked items from home.

Thank you in advance for your attention to this matter. Let us pray for a calm, nut reaction-free year! As

always, I am available by phone, email or in person.

Mrs. Ann Joy

email: mrsjoy@sas-winsted.org

St. Anthony School

55 Oak St. Winsted CT 06098

Phone/fax: 379-7525

*Items intended for school-wide celebrations MUST be brought to the office for safety check before they will

be permitted to go to the classroom.

November 30, 2010

Dear Parents and Guardians of all Winchester Students:

Please be informed that our School Lunch Director is now in receipt of a food product that is a substitute for peanut butter. This product, called SunButter, will be introduced into Winchester Schools School Lunch Program in the near future. Parents of children with gluten, peanut, and tree nut allergies may be reassured that this food is safe for your child. This notification is not meant to be a public endorsement of this specific brand name or company. You may wish to read more information on the internet, in addition to the information stated below, at www.sunbutter.com.

SUNBUTTER

SunButter[®] is an alternative to peanut butter. A seed butter that is made in the USA from specially roasted sunflower seeds, [HYPERLINK "http://www.sunbutter.com/products.php"](http://www.sunbutter.com/products.php) SunButter[®] products are completely peanut-free, tree-nut free, and gluten-free. The sunflower seed spread products are all processed in a peanut-free and tree-nut free facility, making them an excellent choice for people with peanut allergies or gluten intolerance.

Compared to peanut butter nutrition levels, SunButter[®] products are definitely a healthy alternative to peanut butter! With one-third less saturated fat and 27 percent of a day's recommended allowance of Vitamin E in one serving, these products fit well into a healthy lifestyle and diet. Plus, SunButter[®] products have a much higher iron and fiber content than peanut butter and are a great source of protein.

Please feel free to contact our School Lunch Program Director, Arthur Lehne, at 860-379-8669, or your child's School Nurse if you have any further questions.

Sincerely,

Ann Joy, RN

